

Name: \_\_\_\_\_

## Goal Setting

### Goals

1. What brought me to Dickinson Adult Education today? \_\_\_\_\_
2. What do I hope to accomplish while I am at Adult Education? \_\_\_\_\_
3. What do I think will be different in my life when I achieve that? \_\_\_\_\_  
\_\_\_\_\_

### What will affect my ability to continue towards my goal?

Possible Barriers	Resources to help with barriers
Possible Supports	When/how to access the support